## Do you need support?

## We're here to help

If you're aged 12 to 18 and living in Central Bedfordshire

(up to age 25 if you have additional needs)

Get in contact with a Groundwork youth worker

They'll put you in touch with the service that's right for you

Start your journey using the platforms below



WhatsApp or text us on 07736 132870



DM us @GWEYouth



Send us an email youthreferrals @groundwork.org.uk



Call us on 07736 132870

## Just tell us...

Your name, where you live, how old you are, and a bit (if you can) about how we can help you



