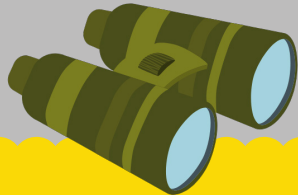
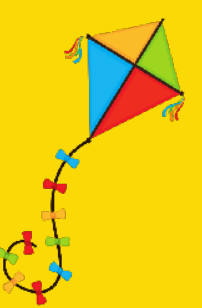
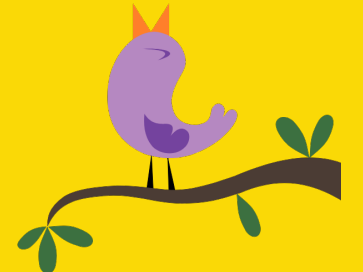


# 65 THINGS TO DO OUTSIDE

- 1 Spend some time looking up at the clouds - see what shapes and objects you can make out of them.
- 2 Go Bug hunting
- 3 Plant some sunflower seeds ( or any other type of seed and watch it grow)
- 4 Make a den
- 5 Read your favourite story under a tree
- 6 Look for 5 different types of pebbles & stone 4 different types of leaves, 3 different types of flower, 2 different insects & 1 type of bird
- 7 Make a birdseed fatball using lard or peanut butter to bind some bird seed and hang in a tree.
- 8 Make a butterfly feeder – put a sugar/water solution on a plate or an overripe banana and watch to see how many beautiful butterflies visit
- 9 Make a mud pie with things from the garden
- 10 Mix a magic potion from things found in the garden
- 11 Make a natural art picture with found objects such as sticks, leaves and flowers to make faces or your favourite character.
- 12 Do some bark rubbing and use crayons to make rubbing of lots of different surfaces
- 13 Make a pair of binoculars out of toilet rolls and use them to spot as many birds in your garden as you can
- 14 Have a teddy bears picnic
- 15 Play Hide and seek
- 16 Play I-spy



- 17 Make a stick man
- 18 Make a magic wand from a stick and wrap colourful wool or string around it or even paint it.
- 19 Make a plastic bottle bug hotel.
- 20 Plait long grass to make a book mark or bracelet.
- 21 Make a daisy chain.
- 22 Fill an old plate or shallow container with water to make a bath for the birds.
- 23 Build a den for you.
- 24 Build a den for your favourite toys.
- 25 Fold a paper aeroplane and see how far it can fly.
- 26 Fitness challenge! – complete three laps of your garden, 1 hopping like a bunny, 1 slithering like a snake, 1 flapping your arms like a bird.
- 27 Make a kite and fly it.
- 28 Search for fairy doors.
- 29 Look for faces in tree trunks.
- 30 Make a nature crown using card and decorate with leaves and flowers.
- 31 Make a leaf painting.
- 32 Make a miniature fairy garden.
- 33 Make an eggshell cress head.



- 34 Find as many things you can that fit in a Matchbox.
- 35 Make an Egg box caterpillar (fill with soil and grow cress for its hairy back!)
- 36 Make an obstacle course from things you can find in the house and garden, see how can finish fastest!
- 37 Learn to tie new knots to help you with den making.
- 38 Make a photo frame from sticks and string.
- 39 Learn to juggle (use balls if you have them or raid the fruit bowl!)
- 40 Keep a wildlife diary (what's flowering when, what birds you see, what the weathers like each day)
- 41 Write a story about an animal or bird.
- 42 Write an acrostic poem using any of these words: SEED, GARDEN, LEAF, TREE, NATURE. (this a poem in which the first letter of each line spells out a word, i.e. SEED.)
- 43 Make an origami boat and see if you can get it to float in a bowl of water or paddling pool.
- 44 Ask your family what they used to like to do outside when they were children – and then have a go yourself!
- 45 Press some flowers between kitchen or greaseproof paper in a heavy book.
- 46 Create a nature mobile using a stick and hang interesting objects from it.
- 47 Hide some treasure and then make a treasure map of your garden and see if people can find it.
- 48 Make a maze using string and see if everyone in your family can work their way through it!
- 49 Play catch.
- 50 Find an unusual container and plant it up with flowers (old shoe, old wellie, tea cup) or decorate a container to plant up (Yoghurt pot, margarine tub, milk bottle)
- 51 Sit somewhere quiet in the garden and count how many different noises you can hear. Can you hear birds, insects, people, lawnmowers ?
- 52 Float or sink – take a bowl of water outside and collect objects to see which float and which sink, or which hold water and which leak!
- 53 Make tin can telephones and see if you can have a conversation with someone.
- 54 Make Salt dough and press leaves, twigs, bark, flowers or anything else with an interesting texture into it to make some natural art. ( you can also use Play doh)
- 55 On a clear night, go outside and look for stars, the moon and maybe some planets.
- 56 Be a night detective – put an old sheet over a washing line and shine your light at it – can you see any moths?
- 57 Play hopscotch.
- 58 Draw your garden.
- 59 Climb a tree.
- 60 Practice doing a headstand.
- 61 See how high/far you can jump.
- 62 Build a Tin-can coconut shy and challenge your family to see who can knock the most objects off.
- 63 Make natural paints from garden materials (squish blackberries or elderberries, add water to soil to make mud!)
- 64 Mark a line on the floor and try to “walk the tightrope”
- 65 See how many different shapes you can find in the garden – triangle, square, circle etc

