



Are you a refugee or non-EU migrant living in west London?

At IMPACT we aim to help you get involved in your community & build your confidence through creative activities, language & preparation to work support.

If you live in Westminster, Kensington & Chelsea or Hammersmith & Fulham join our free sessions today!



LANGUAGE	Group conversation: learn English in a group.	Thursdays 11:00am-12:30pm On Zoom
	One-to-one English: have an informal conversation with a language instructor.	Tuesdays Phone us to book your time
COMMUNITY ACTIVITIES	Group creative sessions: fun activities using gardening, cooking, arts, crafts, etc. to help you build confidence and meet friends.	Wednesdays 1-2:30pm On Zoom
	Rise and Shine: Mood lifting and active sessions to make you happy and have fun.	Tuesdays 2-3:30pm On Zoom
PREPARATION FOR WORK	Meet the experts: hear how experts started in their roles.	Tuesdays (monthly) 11:30am-12:30pm On Zoom
	One-to-one support: work towards your employment goals.	Mondays – Fridays Phone us to book your time
	Group employment sessions: topics include how to look for jobs online, what recruiters are looking for etc.	Tuesdays (monthly) 11:30am-12:30pm On Zoom

For more information, contact Nathalie (07912 276 547) or email nathalie.botcherby@groundwork.org.uk



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