## 12 DAYS OF CHRISTMAS BINGO

Donate all of the different items, cross them off, and shout bingo!

Once you've shouted bingo, ask a parent to pop the completed card in the post or share it on social media to win a prize! (details overleaf).

If you want to grow your own fresh fruits and vegetables, download our growing pack at: www.groundwork.org.uk/growing-pack







How to send us your completed bingo card. Post: Groundwork East, Stockwood Park (off Farley Hill), Luton LU1 4BH Facebook: www.facebook.com/groundworkeast Twitter: @groundworkeast

## The purpose

Community charity Groundwork East is the chair of the Luton Food Poverty Alliance (LFPA) and is asking for donations of produce to distribute to local families in need.

All donations will go to those who need it most within your local community.

This project has been made possible thanks to funding from the National Lottery Communities Fund.

The Luton Food Poverty Alliance is a group of individuals and organisations from across Luton, working together to help residents secure a healthy and sustainable diet. Members of the group aim to provide services, opportunities and guidance for those who would like to work towards a more secure and healthier diet for themselves and their families.

Groundwork is also running a number of community food growing hubs. The hubs support Luton residents to learn how to grow, harvest and cook with fresh produce. Fresh produce grown in the hubs is redistributed within the local community and used to enrich local food bank and crisis and destitution services and within local holiday hunger services, where children from low-income families will have the opportunity to grow, cook and eat fresh food as a part of structured holiday programmes.

Our hubs provide the opportunity to learn new skills, meet new people and to make a contribution to supporting a healthier community across Luton.

If you would like to support any of our community food growing hubs, get in touch with Molly Rice on 01582 720147 or molly.rice@groundwork.org.uk

