**Contact them on social media**

Many politicians use social media platforms like Twitter to communicate with the public. Contacting them through these platforms is a quick and easy way of getting in touch and showing them what you care about.

If you need some ideas about what to say, you can use these templates:

*@[your MP/councillor] As a young person, I don’t feel like I’m listened to when decisions about climate and environment are made – and @GroundworkUK found that 4 in 5 young people feel the same. What are you doing to change that?*

*@[your MP/councillor] 66% of young people told @GroundworkUK that they didn’t learn enough about climate change at school. I know I didn’t. How can we change this?*

*@[your MP/councillor] Like a lot of other young people, I feel worried about the future because of climate change but there are lots of ways our community could benefit, like better public transport, more natural spaces & new green jobs. How are you making sure the transition to net zero helps to ‘level up’ for local people?*

*@[your MP/councillor] The decisions taken about climate change now will affect us for years to come. Do you support a Future Generations Act for the UK, so that all public bodies have to consider their impact on young people’s futures?*

When you’re using social media to contact politicians, remember that it is a public platform. Check that you’re not sharing any personal information and that there’s nothing on your social media that you wouldn’t want your MP or councillor to see.

You can find contact details for your MP at <https://members.parliament.uk/members/commons>

You can find out who your local councillors are at <https://www.gov.uk/find-your-local-councillors>