



What you will need...

- Flour
- Soil
- Mixing bowl
- Water
- Native British wildflower seeds
- Seed tray to roll balls in





Method

Step 1

Mix 10 parts soil to 1 part flour.

Step 2

Slowly add water and mix slowly until the mixture becomes sticky like dough.

Step 3

Roll into a golf-ball size ball.

Step 4

Fill a tray with wildflower seeds.

Step 5

Roll your mud balls around until covered in seeds.

Step 6

Leave to dry for a day or two and then they're ready to throw in your garden.