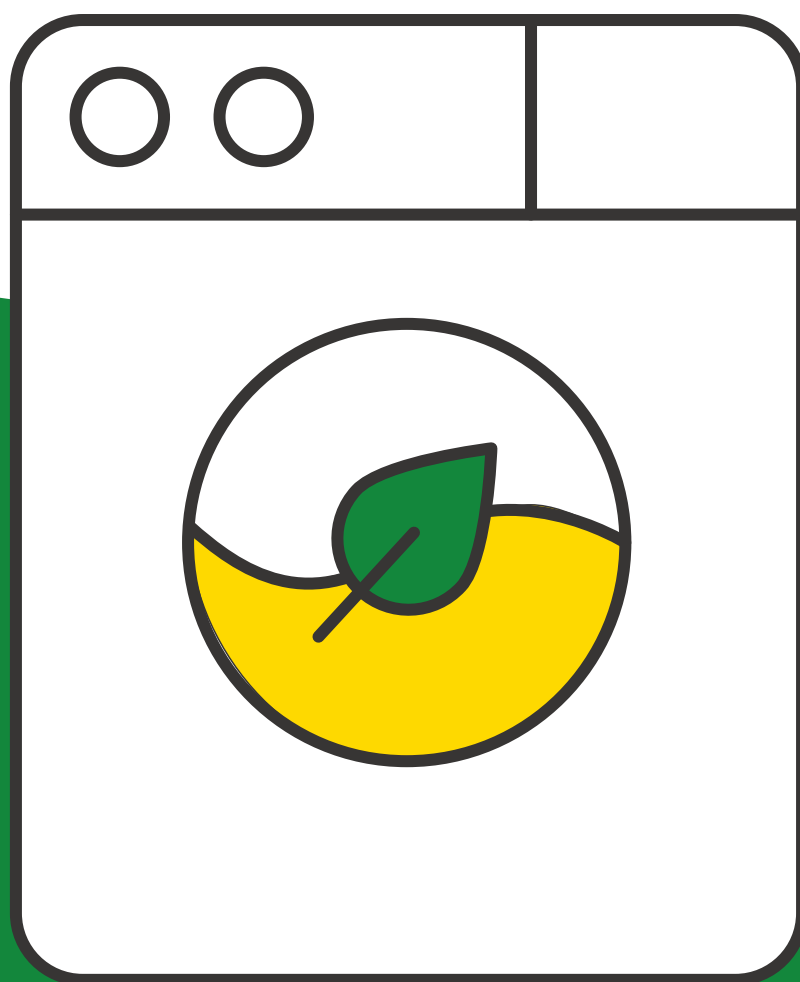


Change your washing machine setting

TOP TIP

**SAVE ENERGY BY WASHING
LAUNDRY ON ECONOMY MODE**



GROUNDWORK
CHANGING PLACES
CHANGING LIVES



**GREEN
DOCTOR**

You can save a lot of energy, and money, by simply changing the way you use your washing machine.

Most washing machines have an 'economy' setting – which uses far less water and power than the other settings. If you're not sure how to use this setting, see if there is more information in the user instructions.

Economy modes might take longer, but they can use between 35% and 59% less energy than a standard hot cycle.

With modern washing machines and detergents there's often no need to wash your clothes on more than a 30°C wash. This should provide all the cleaning your laundry requires (the only exception being for heavily soiled items where a hotter wash may help clean clothes more thoroughly).

The Energy Saving Trust say that washing on economy setting or at 30°C can save £13 per year based on the average household*.

Handy hints for happy clothes

Some detergents work better than others at lower temperatures, so look to buy detergent that is designed to be used in economy mode. Using the right settings and temperatures with the right detergent will help to keep your clothes in **top condition and looking newer for longer.**

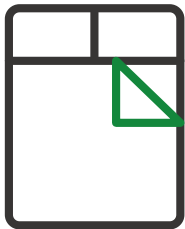
Getting the right detergent is far more important than high temperatures for keeping your clothes fresh and clean – so lower temperature cycles won't lead to stale smells or unclean clothing.

There are other options available too. Have a look at some of the eco-friendly alternatives, such as a **laundry egg**, and see if there's more money you can save.

TOP TIP

If your washing machine doesn't have an economy setting, look for the shortest, coolest cycle available

To make the most of your washing machine, learn more about what types of laundry can be washed at a lower temperature.

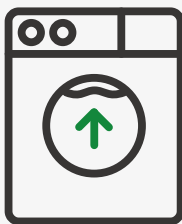


While clothes and towels are ideal for 30°C, some bedding needs to be washed at 40°C.

If you're not sure, check the label on your laundry to see if they can be washed at a lower temperature.

PLACE ONE OF OUR STICKERS

ON THE WASHING MACHINE AS A REMINDER OF YOUR BEST SETTINGS



Another way to cut costs and save energy is to **use your washing machine less often and only using it with full loads of laundry.**



Cutting back on one washing machine use per week could save £14 a year in energy bills (and a further £6 a year on water bills).

*Savings based on a typical three-bedroom semi-detached gas heated house, with an 88% efficient gas boiler and average gas tariff of 6.9p/kWh and electricity tariff of 27.4p/kWh. Emission savings include all scopes and greenhouse gases expressed as carbon dioxide equivalent. Correct as of October 2023.



Our top tips
are designed to
help people save
money and stay
warm and well.

Our Green Doctors
have identified helpful
impartial advice on
what can really make a
difference in reducing
bills and saving energy.

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