

FRIENDS OF GRANGE PARK



AWARDED: £1,269

Friends of Grange Park in Blackpool received **£1,269** towards a community event, aiming to equip residents with tools and support to live healthier, happier lives.



Friends of Grange Park is a grassroots, community-led organisation, dedicated to improving the lives of residents in Grange Park and the surrounding areas. They work to reduce the impact of poverty in an area with significant social and economic challenges, promote physical and mental well-being, and build a stronger, more connected community through local initiatives including practical support and accessible services.

Funding supported the 'Staying Alive in 25' project which took place at The Grange community centre and prioritised food support, mental health support and cost of living advice for residents.

78 hampers with ingredients and recipe cards for three nutritious, slow-cooker meals to make a vegetarian chilli and rice, macaroni cheese and chicken curry and rice were distributed. Information about other local support, including services from Blackpool Community Trust, Stop Smoking support, social prescribers and Groundwork Green Doctors, was also provided.

Many residents in Grange Park are struggling to make ends meet, especially during the ongoing cost-of-living crisis. Funding for this community event helped reduce the immediate pressure on households facing hardship.

Anastasia Walsh from Friends of Grange

Park said: "We wanted to start the year with an initiative that made a tangible difference to people's daily lives, something that would relieve some of the financial pressure while also encouraging healthy habits and stronger community connections. This type of funding is a lifeline for grassroots organisations like ours. It allows us to be responsive, creative, and led by the real needs of our community, not tied to rigid structures or top-down solutions. We're incredibly grateful to the the players of People's Postcode Lottery for enabling us to deliver such a meaningful, high-impact project."

A beneficiary at the Grange Community

Centre said: "As a recently single parent of five children, who is struggling to adjust to life on my own, receiving this box has helped me and my children a massive amount. January is a long hard month following Christmas and trying to feed my kids fresh, healthy food every day can be a very difficult task. The children loved the meals that I managed to make from the ingredients provided and we are so appreciative and grateful to the Friends of Grange Park for all they offer and hopefully continue to offer."



www.groundwork.org.uk/grassroots-grants