



Greenwich Healthier Communities Fund

Programme Prospectus

Version 13 – May 2026



1. Contents

This prospectus sets out the key information about the Greenwich Healthier Communities Fund (GHCF). All information on the Fund has been included in this one document for ease of reference and access. We will continue to update this document if there are any changes to the programme, so make sure you review the latest version.

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If you require this information in an alternative format, you can find an easy read version and BSL video on our website [here](#).

If you require this information in another format, please contact us by emailing GreenwichHealthierCommunities@Groundwork.org.uk or call us on 020 7239 1286.



2. Programme Aims

Aims:

The Greenwich Healthier Communities Fund (the “Fund”) has been established to support organisations and communities that seek to address health inequalities in Greenwich. The Fund aims to not just tackle current health and wellbeing issues, but also to create the conditions for good long-term health and wellbeing outcomes within the borough’s diverse communities.

The Fund has two core aims:

- **Prevent:** funding programmes and projects that aim to tackle the contextual factors that can lead to poor health and wellbeing in Greenwich.
- **Respond:** funding programmes and projects that aim to tackle current health and wellbeing issues in Greenwich and reduce inequality in health outcomes. This may include funding projects with a geographical or thematic focus.

Alongside these two core aims, the Fund will support work that aligns with the [Greenwich Health and Wellbeing Strategy](#), which sets-out the mental and physical health and wellbeing priorities in Greenwich for the next five years.

The priorities span the course of a resident’s life: Start well, Be well, Feel well, Stay well, and Age well. By working together on these shared priority areas, we will support Greenwich residents to benefit from better health outcomes throughout their life.

You can see more information in the diagram below or by reading the strategy document in full [here](#).





Our priorities span a resident's life course

Working together on our ten shared priority areas will produce better outcomes for Greenwich residents throughout their life and will inform our delivery structure for the Healthier Greenwich Partnership.

3. Background

The Greenwich Healthier Communities Fund is being used to distribute approximately £6.6m from the NHS Greenwich Charitable Funds ('GCF', registered charity number 1097722). This was the total amount of money available when the Fund launched in April 2024.

The GCF Committee established this new grant-making model and process to make sure that the funds best serve the objectives of the charity, with a view to spending down the funds within five years. The GCF has partnered with Groundwork London to distribute these funds to communities and organisations and enable work to address the core aims above.

Groundwork London is an environmental and social regeneration charity that supports local communities and businesses to build capacity and resilience in order to help them live happier and healthier lives. Groundwork London have been delivering projects and administering grant programmes across London for over 20 years, ensuring that consultation and co-design enable projects and programmes to address the needs of communities.

4. Consultation & Co-design

It is key that the Fund addresses the needs and aims of communities and organisations in Greenwich in preventing and responding to health inequalities. To achieve this, there is ongoing community and stakeholder consultation throughout the life of the Fund to make sure it remains relevant and effective. The Fund recognises the need to involve and prioritise support for groups and demographics that suffer from health inequalities in Greenwich.

Consultation, and awareness raising of this work is being carried out in the following ways:

- Workshops arranged and facilitated by Groundwork London in various locations across Greenwich and online.
- Groundwork London attends relevant events organised by external organisations and partners.
- One-to-one conversations over email, phone, video call or in person.
- Feedback from grantees and applicants.
- Information collected through an online survey.

All consultation activities can be viewed on the [Consultation Hub](#). This is continuously updated and is the best place to find out what is coming up and what has already taken place.

You can also sign up to the dedicated mailing list to make sure you are notified as soon as new events and strands are announced: [Sign up here!](#)

Strand development:

The Fund administration team meet at least twice a year to discuss the strategy and development of the Fund, which includes feedback from live grant strands, results of the ongoing consultation, and updates on how delivery of current grant recipients are progressing.

This prospectus will be updated with each new strand that is designed and any changes to existing strands as they occur. We therefore encourage you to periodically check the website and this document to see what support is on offer.

The Enabling and Delivery Strands first opened in April 24 and was updated in April 2025 with the establishment of the Micro Strand based on feedback we received from applicants, grantees and community stakeholders. We are currently reviewing and updating our Medium and Large Delivery Strands.



If you are interested in helping shape the development of the grant strands that form part of the Greenwich Healthier Communities Fund, then please visit the [Consultation Hub](#) to find out how you can get involved.

5. Independent Evaluation

DG Cities have been commissioned to undertake an independent evaluation of the Greenwich Healthier Communities Fund. The aim is to assess the impact of the grant programme on local communities and grant-funded organisations and to provide knowledge and key learning that can inform future grant-giving across Greenwich.

All grant-funded organisations must work with DG Cities to take part in the evaluation. The evaluation is an opportunity for your stories and learning to be shared - covering changes in health and wellbeing for local people - and the experience of your organisation or team.

There are different ways you can get involved, from completing a questionnaire to being interviewed; you can get more or less involved depending on what you are comfortable with.

You can view the previous evaluation reports and case studies on our website [here](#).

6. Who can apply?

Greenwich: Your organisation must be registered in or operate in Greenwich. All project delivery must take place in Greenwich and benefit Greenwich residents.

Bank Account: Organisations must have a UK business bank account with at least two signatories who are not related.

Eligible organisations include:

- Educational Establishments (i.e. school, playgroup, nursery, pre-school)
- Religious Organisations
- Registered Charities
- Companies Limited by Guarantee
- Community Interest Companies (CIC)
- Social Enterprises
- Constituted Community Organisations
- Friends of Groups
- Tenants and Residents Associations

Informal or non-constituted groups / Individuals are eligible to apply to the Enabling Strand and Micro Grants **only**. You must be supported by a sponsor organisation who will allow grant



monies to be managed through their bank account and provide in-delivery guidance and support. Your sponsor organisation must be an eligible organisation as described above.

One grant at a time:

- You can only have one current grant on any strand of the Fund at one time.
- If you have a current grant on the Fund and wish to apply for another, you must submit your final report for your current grant by the time applications for the new grant strand close (i.e. your current grant must be complete before applying for another).
- If you are working in partnership with other organisations, this applies to the lead partner only.

Who cannot apply?

- Companies limited by shares, Local Authorities, GP practices, NHS Trusts, or organisations controlled by any of these organisations.
- Organisations that are seeking funding for activity taking place outside of Greenwich.
- Organisations that are seeking funding for activity that will not engage with and benefit Greenwich residents.
- Organisations that do not have a UK business bank account with at least two signatories who are not related, OR an eligible sponsor organisation.
- Organisations that already have a current grant on this Fund that is not finished.



7. What strand should I apply for?

All activities must take place in the Royal Borough of Greenwich and must prevent and/or respond to health inequalities.

Use the table below to see what funding strand is best suited for you. If you have any questions about what strand you should apply for, or if your work does not seem to fit into the options below, get in touch with us to discuss your application.

Please note we are in the process of reviewing and updating delivery medium and large, so these are not currently open for application.

	Enabling Open	Micro Open	Delivery Small Open	Delivery Medium and Large -	
				CURRENTLY BEING REVIEWED/UPDATED	
What do I need funding for?	To fund capacity building and one-off purchases i.e. training, equipment, and infrastructure improvements.	To fund the pilot or continuous development of small, focused projects.	To fund the pilot or continuous development/ expansion of small projects.	To fund the continuation, expansion, or new medium projects that address the theme. Collaboration encouraged.	To fund the continuation, expansion, or new large projects that address the theme, with partnership working across more than one organisation required.
How much funding do I need?	£500 to £5,000	£500 to £5,000	£5,001 to £20,000	£20,001 to £50,000	£50,001 to £200,000
How long do I need to deliver my project?	Up to 6 months	Up to 6 months	Up to 12 months	Up to 18 months	Up to 24 months

For detailed information on each strand mentioned above, please read the corresponding section further on in this document.



8. Enabling Strand

Strengthening your organisation to help prevent and respond to health inequalities



Aims: To fund capacity building and one-off purchases i.e. training, equipment, infrastructure improvements.

The purpose of this strand is to increase the ability and resilience of organisations in Greenwich to prevent/respond to health inequalities. It recognises that a wide range of organisations within Greenwich could deliver and improve services that prevent/respond to health inequalities but need extra training, equipment, or support to effectively do so.

The Enabling strand aims to increase skills, training and eligibility to access funding, resources and wider capacity building programmes. You will be required to evidence how their purchase will enable them to better prevent/respond to health inequalities and how it aligns with the [Greenwich Health and Wellbeing Strategy](#).

It is expected that many grantees will go on to apply for grants on other strands of the Greenwich Healthier Communities Fund once they have spent their Enabling strand grant.

Support available

- Grants between £500 and £5,000 are available to spend over a suggested 6-month delivery period.
- There is a maximum of £50,000 available within this strand in 2026/27.
- Grants will be paid 80% on award, with 20% being paid in arrears on successfully completing all reporting and monitoring requirements.

Eligible Costs

The Enabling strand may cover, but is not limited to:

- One-off purchases of equipment or resources
- One-off purchases to improve facilities/services
- Training for volunteers
- Recruiting volunteers and building stronger networks
- Contribution to volunteers' expenses for being part of the project*
- Training for staff in organisational management, programme development or activity specific training
- Infrastructure improvements
- Support for individuals or non-constituted groups to register your organisation (e.g. charity, CIC)

***Volunteers give their time for free to support project delivery; they are NOT paid members of staff. Volunteer expenses should only cover subsistence, including travel costs to and from the project delivery location. Volunteers MUST NOT be paid for their time on the project.**

Contingency costs are not eligible for funding on this programme. If contingency costs are included in your application budget, it will be removed from your grant if you are successful.

Assessment process

1. Groundwork London assesses your eligibility and alignment with the aims of the Fund.
2. If eligible, the application is then reviewed by a stakeholder within the borough who has relevant skills and experience. Their role is to make sure projects do not duplicate work taking place within the borough and that the application meets a need.
3. We may contact you if we have questions or need further information.
4. If eligible, the application is reviewed by the Funder, who has final approval.
5. If approved, an in-principle grant offer will be made via email.
6. We aim for payments to be made to you within six weeks of an application being submitted. We will inform you if there is a delay to this.

Applications are reviewed on a rolling basis while the strand is open, in line with the dates set out in the **Timetable** section and will close once the financial year ends or the available budget is fully committed.

Applications may pause at scheduled points, including at the Delivery Strand assessment period and quarterly budget reviews, with any closures and reopening dates confirmed and clearly publicised as they are. Applicants with an in-progress application will be informed and kept up to date via email on whether application submissions will be paused and when they will restart.

Timetable

Applications can be made at any time when the stand is open until **9am, 14 December 2026** (see table below). We aim for payments to be made to you within six weeks of an application being submitted. We will inform you if there is a delay to this.

Event	Date
Applications open	22 May 2026
First strand budget review	w/c 24 August 2026
Second strand budget review	w/c 23 November 2026
Applications close	9am 14 December 26

Application guidance

Click [here](#) to view and download the Application Guidance document for the Enabling Strand. This includes all application questions and support on how to answer them.

If you require specific support to be able to fill in your application, see [Section 10](#) for details on how we may be able to assist you.

9. Micro Grants

Small grants, big impact



Aims: To fund pilot projects or the continuous development of small existing projects.

The purpose of this strand is to help organisations to continue delivering, or start to deliver, local focused projects that aim to prevent/respond to health inequalities in Greenwich. We are particularly interested in receiving applications that are innovative and demonstrate learning from previous delivery.

By pilot projects, we mean new initiatives that you have not delivered before. It may be something new that you want to try for the first time to see if/how it works within your community.

You will be required to evidence how your proposal will enable you to better prevent/respond to health inequalities and how it aligns with the [Greenwich Health and Wellbeing Strategy](#).

We will only fund an existing project via this strand once. If your pilot project was previously funded via a Micro grant, you can apply for another Micro grant to support the project development once. You will need to demonstrate why this service is still needed and what you have learnt from your previous delivery to develop and improve your project. It is expected that many grantees will go on to apply for grants on other strands of the Greenwich Healthier Communities Fund once they have spent their Micro grant.

Support available

- Grants between £500 and £5,000 are available to spend over a suggested 6-month period.
- There is a maximum of £150,000 available within this strand in 2026/27.
- Grants will be paid 80% on award, with 20% being paid in arrears on successfully completing all reporting and monitoring requirements

Eligible Costs

Micro grants will cover the costs associated with:

- **Continuations** of existing projects that can evidence their need and demonstrate project development. We will only fund the continuation of an existing project on this strand once to encourage innovation.
- **New, pilot** projects from organisations that can evidence their need and demonstrate their experience to deliver it.

These costs may include, but are not limited to:

- Project costs such as; venue hire, equipment, resources, project delivery travel expenses
- Revenue spending (including staff costs)
- Contribution to volunteers' expenses for being part of the project*
- Appropriate contributions to overheads/core costs linked to the successful delivery of the project.

***Volunteers give their time for free to support project delivery; they are NOT paid members of staff. Volunteer expenses should only cover subsistence, including travel costs to and from the project delivery location. Volunteers MUST NOT be paid for their time on the project.**

Contingency costs are not eligible for funding on this programme. If contingency costs are included in your application budget it will be removed from your grant, if you are successful.

Assessment process

1. Groundwork London assesses your eligibility and alignment with the aims of the Fund.
2. If eligible, the application is then reviewed by a stakeholder within the borough who has relevant skills and experience. Their role is to make sure projects do not duplicate work taking place within the borough and that the application meets a need.
3. We may contact you if we have questions or need further information.
4. If eligible, the application is reviewed by the Funder, who has final approval.
5. If approved, an in-principle grant offer will be made via email.

Applications are reviewed on a rolling basis while the strand is open, in line with the dates set out in the **Timetable** section and will close once the financial year ends or the available budget is fully committed.

Applications may pause at scheduled points, including at the Delivery Strand assessment period and quarterly budget reviews, with any closures and reopening dates confirmed and clearly publicised as they are. Applicants with an in-progress application will be informed and kept up to date via email on whether application submissions will be paused and when they will restart.

Application guidance

Click [here](#) to view and download the Application Guidance document for the Micro Grants. This includes all application questions and support on how to answer them.

If you require specific support to be able to fill in your application, see [Section 10](#) for details on how we may be able to assist you.

Timetable

Applications can be made at any time until 9am, 14 December 2026 (see table below). We aim for payments to be made to you within six weeks of an application being submitted. We will inform you if there is a delay to this.

Event	Date
Applications open	22 May 2026
First strand budget review	w/c 24 August 2026
Second strand budget review	w/c 23 November 2026
Applications close	9am 14 December 2026

10. Delivery Strand

Only applications for Delivery Small are open.

We are in the process of reviewing and updating the Delivery Medium and Large. This prospectus will be updated in the coming months once this process is complete.

Sign up to our mailing list to be notified as soon as these strands re-open:
[Click here to sign up!](#)

Helping communities in Greenwich to live healthier lives



Aims: To fund the continuation, expansion or pilot of projects that prevent or respond to health inequalities in Greenwich.

The strand recognises that there are many worthwhile organisations and initiatives across Greenwich that meet the aims of this Fund but lack funding to deliver, develop and grow. This strand focuses on providing that necessary funding to constituted community and voluntary sector organisations in the borough and delivery partnerships led by such organisations. We are particularly interested in projects that are collaborative or involve partnerships between different organisations.

By pilot projects, we mean new initiatives that you have not delivered before. It may be something new that you want to try for the first time to see if/how it works within your community.

You will be required to evidence how your proposal will enable you to better prevent/respond to health inequalities and how it aligns with the [Greenwich Health and Wellbeing Strategy](#).

Applications for the Medium and Large awards must address a priority theme; see below for more information.

Partnerships are **encouraged** for the Medium awards and are **required** for the Large awards. In such cases, there must be a lead applicant that is one of the organisation types listed in [Section 2](#) of this document (though delivery partners can include non-constituted groups and individuals).

Support available

Small Awards

- Small grants between £5,001 and £20,000 are available to deliver projects over a suggested 12 month period.
- There is currently a maximum of £300,000 available within this pot in 2026/27.
- Grants will be paid 50% on award, with 25% being paid once mid-project reporting is received and the final 25% in arrears on completion of all final reporting and monitoring requirements.

Medium Awards – *not currently open*

- Medium grants between £20,001 to £50,000 are available to deliver projects over a suggested 18-month period.
- Collaboration with other organisations is encouraged.
- Projects must address the priority theme – see below for more details.
- There is a maximum of £375,000 available within this pot in 2025/26.
- Grants will be paid 50% on award, with 25% being paid once mid-project reporting is received and the final 25% in arrears on completion of all final reporting and monitoring requirements.

Large Awards – *not currently open*

- Large grants between £50,001 to £200,000 are available to deliver projects over a suggested 24-month period.
- Partnership working across more than one organisation is **required**.
- Projects must address the priority theme – see below for more details.
- There is a maximum of £750,000 available within this pot in 2025/26.
- Grants will be paid via a bespoke payment structure suitable for each project, which will be requested by you as part of your application.

Eligible Costs

Delivery strand grants will cover the costs associated with:

- **Continuations** of existing projects that can evidence their need and demonstrate project development. We will only fund the continuation of an existing project on this strand once to encourage innovation.
- **New, pilot** projects from organisations/partnerships that can evidence their need and demonstrate their experience to deliver it.

These costs may include, but are not limited to:

- Projects that focus on behaviour change to ensure people have better knowledge of how to access health-related services.
- Projects that support community members to improve their physical and mental wellbeing.
- Contribution to volunteers' expenses for being part of the project.*
- Revenue spending (including staff costs).
- Venue hire, equipment, resources, project delivery travel expenses.
- Project-specific training (which must be directly related to the project, but not the project main focus).
- Appropriate contributions to overheads/core costs linked to the successful delivery of the project.

***Volunteers give their time for free to support project delivery; they are NOT paid members of staff. Volunteer expenses should only cover subsistence, including travel costs to and from the project delivery location. Volunteers MUST NOT be paid for their time on the project.**

Contingency costs are not eligible for funding on this programme. If contingency costs are included in your application budget it will be removed from your grant, if you are successful.

Neighbourhoods

The Greenwich Healthier Communities Fund (GHCF) was established to support and enhance work to tackle health inequalities in Greenwich. A key element is engaging with work across the wider system, in order to develop effective and sustainable neighbourhood models of working.

A **'neighbourhood'** is where communities that live together interact and support one another to live the best lives they can, with community services that meet the needs of residents.

Neighbourhood development is an important factor in addressing health inequalities, by connecting local health, wellbeing and care needs with local decision-making and services.

As community organisations, recipients of the GCHF must play a key role in local neighbourhood working. Therefore, for the **Delivery Strand Medium & Large Awards**, there is an expectation that recipients will engage with neighbourhood teams and activities within their local area.

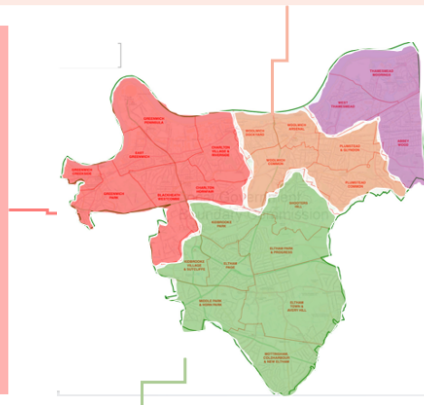
Whilst the Fund recognises that community-based working happens at all levels, including hyper-local programmes, grant recipients will be expected to locate themselves in one or more of the following four neighbourhoods. A summary of the key health inequalities faced in those areas are also set out in the map below:

Central-East Greenwich

- Severe socioeconomic and health disparities, with elevated hospital admission and mortality rates.
- Concerns: **highest income deprivation (18.8%)** and older people in poverty (36.3%), indicating significant socioeconomic struggles. **Worst hospital admission rates for COPD (SAR 157.0) and coronary heart disease (SAR 112.4)** in the borough. **Highest mortality rates across multiple categories, including all-cause mortality (SMR 111.2) and under-75 mortality (SMR 120.3).**

West Greenwich

- Faces lower health burden but challenges in **social isolation and overcrowding**.
- **Strengths: lowest emergency hospital admissions for all causes (SAR 92.6), fewer hospital admissions for coronary heart disease (SAR 79.2) and myocardial infarction (SAR 63.3), lower overall mortality (SMR 100.7) and all-cancer mortality (SMR 96.0).**
- **Health Concerns: stroke mortality rates (SMR 107.6) are higher than the borough average.** Lung cancer incidence (SIR 120.4) remains a concern. **Older people living alone (38.7%) is the highest among all areas,** raising social isolation concerns. **Overcrowded housing (19.4%),** slightly exceeding the borough average (19.3%).



East Greenwich:

- **Concerns: high income deprivation (18.5%) and older people in poverty (26.9%), exceeding borough averages. Highest emergency hospital admissions for stroke (SAR 138.7) and COPD (SAR 129.3),** indicating poor respiratory and cardiovascular health. **Severe lung cancer incidence (SIR 142.1) and prostate cancer incidence (SIR 137.5), far exceeding borough averages. High all-cause mortality (SMR 120.2) and respiratory disease mortality (SMR 124.9), the worst in Greenwich.**

South Greenwich

- Mixed health trends with **rising cancer rates and mental health challenges**.
- **Strengths: lowest mortality from all causes (SMR 92.3) in the borough,** suggesting better health outcomes. **Lower emergency hospital admissions for stroke (SAR 85.2) and myocardial infarction (SAR 68.9) than Greenwich overall.** Mortality from circulatory diseases (SMR 91.8) is the lowest among all areas.
- **Concerns: breast cancer incidence (SIR 111.3) and prostate cancer incidence (SIR 111.5) exceed borough averages.** Hospital admissions for intentional self-harm (**SAR 41.9**) are above the borough average.

Themes

In order for the Fund to have a greater impact on key areas of health inequality in the borough, projects on the **Delivery Strand Medium & Large Awards** must address **one** of these priority themes:

- Improving Health Outcomes for People with Learning Disabilities and/or Autism
- Tackling Isolation
- Long-Term Health Conditions
- Active Healthy Living for Children and Young People

You will need to clearly explain in your application form how your project aligns with **one** of these themes. There is more detailed information below on each theme, including project examples, target Greenwich wards with the highest need and participant target demographics.

These themes have been selected following extensive community and stakeholder consultation. These themes are only relevant to applications on the Medium and Large awards submitted in 2025. The Fund will then go through a development period and new themes will be selected for 2026 that reflect the key health issues in the borough, to ensure the Fund remains relevant and responsive to people's needs.

Theme 1:

Improving Health Outcomes for People with Learning Disabilities and/or Autism

People with [learning disabilities](#) and/or autism have a reduced life expectancy of around 20 years. In south east London, the median age of death for people from minority ethnic communities with a learning disability and/or autism is 12 years younger than their white counterparts. Key contributing factors include being overweight and obese, poorly controlled long-term conditions (e.g. diabetes, respiratory), late cancer diagnosis, and challenges in accessing appropriate healthcare. This is partly due to poorly balanced diets and low levels of physical activity.

Access to healthcare can also be extremely difficult for people with learning disabilities and/or autism for many reasons. They can have specific communication needs, often require advocacy and may need reasonable adjustments made to be able to access support. Some people can also be fearful of medical procedures and settings because of these reasons, which creates further challenges when it comes to supporting their health and wellbeing.

Projects funded under this theme will contribute to improving the health of people with learning disabilities and/or autism, as well as people who are pre-diagnosis. This could be by directly addressing health needs such as being overweight or obese, and/or improving access to information and support, so they can live healthier lives.

Projects will need to work in partnership with existing services throughout Greenwich and must have appropriate risk assessments and safeguarding measures in place to ensure the safety of participants.



Project examples

- Provide healthcare advocacy for people with learning disabilities and/or autism to help them access general healthcare services.
- Provide reliable easy-to-understand health information in accessible formats.
- Deliver physical activities for people with learning disabilities and/or autism.
- Deliver activities that help people with learning disabilities and/or autism to improve their diet.
- Deliver community-based outdoor activities, e.g. gardening, food growing, and walks.

Target demographics

- People with [learning disabilities](#)
- People with autism
- People from minority ethnic communities with a learning disability and/or autism

Theme 2: Tackling Isolation

People that suffer from loneliness are at risk of higher rates of depression, high blood pressure, dementia, needing long-term care, and premature mortality. Socially isolated people are more likely to visit their GPs and hospital emergency departments, yet are less likely to take action to protect their health, e.g. by being physically active, reducing smoking or alcohol consumption, or eating a healthy balanced diet.

Evidence shows that social connection is an effective way to protect people against developing serious physical and mental health conditions that can arise as a result of loneliness.

Projects funded under this theme will connect people, especially older adults, to groups and services to help tackle social isolation, prevent loneliness, and reduce the risk of ill-health. These connections can be nurtured in a variety of ways with activity linking to a number of public health outcome areas including the emerging Creative health agenda.

This theme does not require projects to be targeted to particular wards or demographics, but projects should be targeted and you will need to tell us who the project aims to support and why.

Project examples

- Signpost people to groups, services, resources and activities that foster social connection.
- Deliver activities that bring people together to prevent social isolation and loneliness.
- Deliver group activities or 1:1 support to increase social connection for those already experiencing loneliness or isolation.
- Ensure community spaces for activities that promote social connection are welcoming and accessible.
- Deliver programmes that support older adults to age well and remain independent, e.g. maintaining connections with friends, family and their community.

Theme 3: **Long-Term Health Conditions**

Long-term conditions are a major cause of ill-health, mortality and health inequality. They disproportionately impact certain demographics (see below) and these individuals are also more likely to experience multiple long-term conditions, which creates greater difficulties.

Long-term conditions cannot be cured but many can be prevented or managed by medicines or other action, for example, diabetes, chronic obstructive pulmonary disease and coronary heart disease.

Projects funded under this theme will contribute to preventing people developing long-term conditions and reduce the escalation of ill-health and long-term conditions. Projects will help to build trust within local communities of healthcare services so they feel more comfortable accessing the services they need.

Project examples

- Deliver activities that increase the uptake of [NHS Health Checks](#) within the target communities (see below).
- Deliver peer support programmes for the target communities (see below) to improve self-management of long-term conditions.
- Provide coaching support for people newly diagnosed with one/multiple long-term conditions to improve self-management.
- Deliver accessible community-based physical activities for people with long-term health conditions; including older adults and those with low strength and balance levels.
- Provide reliable easy-to-understand health information in accessible formats for target communities.

Target demographics

Wards: Abbey Wood, Middle Park and Horn Park, Woolwich Dockyard, Plumstead and Glyndon, and Woolwich Common.

- Black and South Asian communities
- Eastern European communities
- White groups in the target wards
- Older people; particularly those with multiple long-term conditions, reduced physical function, lead an inactive lifestyle, or have low balance or strength levels.
- People with a [learning disabilities](#)
- People with mental illness
- Disabled people
- Carers
- People with drug and alcohol dependency
- People experiencing homelessness

Theme 4:

Active Healthy Living for Children and Young People

Children and young people in Greenwich have reported that they want to be better supported to live healthy lives, have easy access to healthy activities, and have a greater knowledge of support available to them. This includes improved awareness and access to mental health and emotional wellbeing support for themselves and their parents/carers, physical activities for children and young people and their families, and support to eat healthily.

The increase in the cost of living and the implication that has had on eating healthily was highlighted by young people as a concern. Children and young people reported that they want support to make sure their families are more resilient, such as through mental health and wellbeing support or easily accessible activities for the whole family.

Projects funded under this theme will provide targeted support for children and young people to live healthier lives and build family resilience. Activities will promote health and wellbeing in children and young people to prevent, address and raise awareness of obesity and mental ill-health.

Project examples

- Targeted physical activities for children and young people, e.g. activity specifically for teenage girls.
- Mental health and wellbeing support for children and young people, including individual, group and family counselling/activities.
- Activities that promote a healthy lifestyle and positive mind-set, e.g. healthy eating, positive habit building.
- Joint activities for children and young people and their parents/carers, e.g. family cooking, sport, creative activities.

Target demographics

- Children and young people aged 0-19 years
- Care leavers aged 0-25 years
- Children and young people with Special Education Needs and Disabilities (SEND) aged 0-25 years

Assessment process

All: Small, Medium & Large Awards

1. Applications are assessed after the application deadline.
2. Groundwork London check that you are eligible.
3. If eligible, applications are reviewed by Groundwork London and independent stakeholders within the borough who have relevant skills and experience.
4. Applications are assessed on how closely they meet the aims of the Fund and strand, the strength of their methodology and long-term impact, the value for money, and their budget eligibility.
5. We may contact you if we have questions or need further information. However, this is at our own discretion. You should therefore make sure all necessary information is clearly included in your application form.

Small Awards

6. Final funding recommendations are made to the Funder who has final approval.
7. If approved, an in-principle grant offer will be made via email. If you are not successful, you will be notified via email with feedback on why you were unsuccessful.

Medium & Large Awards - not open

6. Applications that are 'fit to fund' are shortlisted and reviewed by a Community Panel. The Community Panel is made up of a range of Greenwich residents who have relevant lived experience that aligns with the aims of the Fund.

Medium Awards

7. The Community Panel make their funding recommendations to the Funder, who has final approval.
8. If approved, an in-principle grant offer will be made via email. If you are not successful, you will be notified via email with feedback on why you were unsuccessful.

Large Awards

7. The Community Panel shortlist applications for interview. A representative from each partnership organisation must attend the interview.
8. After all interviews are complete, the Community Panel make their funding recommendations to the Funder, who has final approval.
9. If approved, an in-principle grant offer will be made via email. If you are not successful, you will be notified via email with feedback on why you were unsuccessful.

Application guidance

We have created Application Guidance that include all application questions and support on how to answer them. Greater levels of detail are expected for larger funding requests. Maximum word counts for each question are provided in the Application Guidance and application form itself. To view and download Application Guidance for the Delivery Strand December 2026 click the links below:

- [Small Awards](#) 2026-2027
- Medium Awards – not open, link will be added once reviewed/updated
- Large Awards - not open, link will be added once reviewed/updated

If you require specific support to be able to fill in your application, see [Section 10](#) for details on how we may be able to assist you.

Timetable

There will be one application deadline for Small and Medium Awards, and Large Awards. The Prospectus will be updated and publicised once the review is complete. Sign up to our mailing list to be notified as soon as this strand re-opens: [Click here to sign up!](#) Application Support



10. Application Support

- This prospectus and strand guidance documents set out above provide lots of detail on completing your application.
- Groundwork London hold information sessions and application surgeries to assist those who are interested in applying to the Fund.
- You can visit Groundwork London's [Applicant Support pages](#) which contain resources relevant to all grant programmes Groundwork London manages, such as FAQs.
- You can arrange one-to-one calls via phone / MS Teams / Zoom to receive bespoke support.
- You can contact Groundwork London by email / phone to discuss ideas.
- Groundwork London can review your application **once** before it is submitted to the Fund. This is to make sure the process is fair for all applicants.
- Alternative payment schedules can be requested in your application and may be agreed if you can evidence a clear need.

Look at our website for details on the above and how to get in touch [here](#).

Accessibility Pot

If you need bespoke support to fill in your GHCF grant application form, which is not available to you via Groundwork London, the Royal Borough of Greenwich, GAVS (Delivered by BVSC) or other services you already access, the Accessibility Pot can cover this cost. You can request up to £2,000 to cover accessibility related costs to help you apply for the GHCF.

Funding is available to cover the cost of bespoke, additional support for individuals that face specific barriers to completing their GHCF grant application. We recognise that some people may require additional support due to language barriers, learning or physical disabilities, or health conditions. The Accessibility Pot aims to remove those accessibility barriers, so everyone can apply to our funding programme.

Please note: The Accessibility Pot is paid **100% in arrears** once you have applied for the GHCF strand you are seeking support to apply for. You must pay your provider directly and we will then reimburse you. We **cannot** pay providers directly under any circumstances.

Examples of what we could cover:

- Translation services (written or verbal)
- British Sign Language (BSL) support
- Transcription services
- Proportional contribution of software that improves accessibility

What we cannot cover:



- Multi-year or annual subscriptions to software / services
- Ongoing accessibility support, such as coaching or therapies
- Services that help to develop a project idea, such as conducting community consultation or using a bid writer
- Fundraiser or bid writing services
- Organisational time spent on developing or writing an application
- Support that is already available through Groundwork London or elsewhere within the Royal Borough of Greenwich
- Support that is not related to applying for the GHCF
- Contingency costs

Who can apply?

- Any group or organisation in Greenwich that requires additional support to apply for the GHCF.
- You can only apply whilst the GHCF strand you wish to apply to is open for applications.
- You must be eligible for the GHCF strand that you are seeking support to apply for.
- You can only apply if you have exhausted all other support options available to you personally, within your organisation or group, or within the Royal Borough of Greenwich.

How to apply?

You must select a provider and receive a quote for the support before you apply. This is because you understand your needs and requirements best, you need to know how much money to apply for, and you must upload the quote to the application form.

To apply:

1. Visit our [Greenwich Healthier Communities Fund - Groundwork](#) and find the webpage for the GHCF strand you wish to apply to.
2. Make sure you are eligible for that GHCF strand.
3. Scroll down to the 'Application support' section and click the link to apply.
4. Fill in the application form and include evidence of the cost (i.e. quote for services).

You must submit your application online via our grant management system. However, if you require assistance, please get in touch with us via email or phone so we can help.

In the short application form, you will need to:

- Tell us which GHCF strand you wish to apply to (i.e. Enabling, Micro, Delivery)
- Tell us the support you need
- Explain what other support you have already explored, why it's not suitable, and why this bespoke support is needed
- Provide evidence of the cost (i.e. quote for services)



- Tell us if there is any reason why 100% payment in arrears is not possible and provide evidence

Please note: You **must** submit your Accessibility Pot request **and** receive written confirmation of approval from Groundwork London **before** applying to any GHCF strand. This is to make sure the support you are requesting is eligible for funding before you incur any costs.

What happens next?

- Applications are reviewed as and when they are submitted.
- If your Accessibility Pot request is not eligible for funding, we will contact you via email and explain why.
- If your Accessibility Pot request is approved, we will contact you via email. Your request is then valid for **6 months**.
- You then apply to the GHCF using the approved accessibility support and pay your provider directly.
- You email us proof of expenditure (i.e. receipt, invoice) and your bank statement showing the funds leaving your account to pay your provider.
- We will process the payment to you 100% in arrears.

Email: GreenwichHealthierCommunities@groundwork.org.uk

Phone: 020 7239 1286 / 07525 703 358



11. Timetable

Below is a timeline detailing when applications open and close across all strands on the Fund over the next year:

Event	Strand	Date
Applications open	Enabling Strand Micro Grants	22 May 2026
Applications close	Enabling Strand Micro Grants	9am 14 December 2026
Application Period	Delivery Strand Small	22 May 2026 to 9am 14 December 2026
Application outcomes	Delivery Strand Small	January/February 2027

To stay up to date on the Greenwich Healthier Communities Fund and be notified as soon as events or strands are announced, sign up to our dedicated mailing list [here!](#)

12. Resources and Further Information

Below are links to resources, webpages and organisations that you may find useful when planning your project or developing your grant application form.

- [Groundwork London Applicant Support](#)
- [Greenwich Health and Wellbeing Strategy](#)
- [Live Well Greenwich](#)
- [NHS Equality and Healthy Inequalities Hub](#)
- [Greenwich Community Directory](#)
- [Good Food in Greenwich](#)
- [The Eatwell Guide](#)
- [Royal Borough Greenwich Training for community groups and volunteers](#)
- Organisations that can provide support:
 - a. [Royal Borough of Greenwich How to apply for a community grant](#)
 - b. [Royal Borough of Greenwich Children's Services](#)
 - c. [Greenwich Leisure Limited \(GLL\)/Better](#)
 - d. [GAVS](#) (Delivered by BVSC)
 - e. [Volunteer Centre Greenwich](#)
 - f. [Greenwich Co-operative Development Agency \(GCDA\)](#)
 - g. [Big Red Kick](#)
 - h. [Healthwatch](#)